

One 1 Day Hike / Trek Mt Meru National Park Arusha Tanzania

1 Day Mt Meru One Day Trek / Hike is designed for guests who have limited time and who are not interested in reaching the summit of the second highest mountain in Tanzania. This day hike offers participants two routes the first being lighter than the second option.

Option 1. FOREST HIKE

This trek will take a forest trail on the Outer Ring Route towards Miriakamba hut. The trek is meant to bring you closer to the flora and fauna of this area and therefore it is more of a nature walk on one part. Trekking time and nature study will take from 3 to 6 hours to and from the starting point at Momella gate. This includes resting time for picnic lunch at Jikukumia waterfalls.

Option 2. HIKE TO MIRIAKAMBA HUT (2514m) AND BACK TO MOMELLA GATE

Miriakamba Hut is the first stage on the 3 - 4 days trek to the peak of Mt. Meru (4566m). The hut is approached by two routes of which one is a direct ascent from the Momella Gate starting point. The other route is an open loop with a gentle ascent on the montane forested zone.

For an avid hiker, you can do the direct route up to Miriakamba Hut. It takes 4 – 5 hours depending on your stamina and pace. Picnic lunch and a good rest at Miriakamba Hut. Afterwards, descend by the Outer route which is an easier hike down to the gate approximately 3 hours.

Treks above allow you to see;

The magnificent Mt. Kilimanjaro in the background, Buffaloes, Giraffes, Warthogs, Dikdiks,

Antelopes, Bushbucks, Black and white Colobus Monkeys, Blue Monkeys, birds including Turacos (Hartlaub) Hornbills, Butterflies such as the Golden winged forester, Mocker Swallow tailed among others.

Rates vary from USD 350 per person in a jeep with guided trek

For prompt booking, visit this >> [link](#)